







WINTER WALK MONTH FEBRUARY 2025

Make February your month for walking to school! Discover the benefits of active transportation while building lifelong healthy habits.

1. Try these exciting activity ideas to get you started with Winter Walk Month

-  Join the Hop! Winter Walk Challenge on the kid-friendly HOP! App – log your active journeys and win prizes!
-  Explore your neighbourhood in new ways by playing this [Winter Walk Day Word Search](#) or this [I Feel Game](#).
-  Share your walking adventures on social media using the hashtags #WinterWalk2School, #JourneyOutside, and #WWD.

2. Learn about the benefits of active transportation and get some great tips for walking to school

-  Explore these resources for [walking to school](#) any time of year!
-  Try out this fun [DIY scavenger hunt](#) as you walk or wheel to school this winter that teaches you about the school zone. You can even modify it to be winter-themed!
-  Check out the resources on the [School Active Transportation web page](#) including these posters on the benefits of active transportation - [English](#), [French](#), [Arabic](#), [Mandarin](#), [Spanish](#), [Cantonese](#), [Farsi](#), [Vietnamese](#), [Somali](#), and [Russian](#).

3. Get your school walking!

-  Talk to your school principal about organizing a winter walk-to-school day using these [handy resources](#).

